

36th - War Eagle Conference Track Meet - 5/5/2015

Hinton
Results - WEC Meet**Girls 100 Meter Dash**

Name	School	Finals	
Finals			
1 Ney, Abigail	HartleyMelvi	13.46	10
2 Jensen, Briana	Remsen Union	13.77	8
3 Johnson, Jonae	HartleyMelvi	13.82	6
4 Brighton, Laura	Hinton	14.30	4
5 Dickman, Abbie	Gehlen Catho	14.31	2
6 Vanden Brink, Janna	Unity Christ	14.71	1
7 McKee, Josie	West Sioux	14.79	
8 Hoefling, Angeleah	MMC	14.96	
9 Hansen, Louisa	MMC	15.04	
10 Sickelka, Savanna	South O'Brie	15.19	
11 Cosby, Jackie	South O'Brie	15.26	
12 Uribe, Catalina	Gehlen Catho	15.46	
13 Hoekstra, Carlie	TrinityChris	15.64	
14 Zevenburgen, Meghan	TrinityChris	15.68	
15 Hamil, Amanda	Hinton	15.69	
16 Tremaine, Estere	Remsen St. M	17.12	
17 Berg, Saphire	Akron-Westfi	17.40	
18 Tucker, Mattie	Remsen Union	17.93	
19 Ballard, Camyron	West Sioux	19.07	
--- Schenk, Kirstin	Unity Christ	DNF	

Girls 200 Meter Dash

Name	School	Finals	
Finals			
1 Ney, Abigail	HartleyMelvi	27.42	10
2 Regnerus, Pam	TrinityChris	27.42	8
3 Sonich, Alexis	HartleyMelvi	28.29	6
4 Rehder, Courtney	South O'Brie	28.45	4
5 Woodall, Aspen	MMC	28.57	2
6 Blankespoor, Josie	Unity Christ	28.61	1
7 Moser, Haley	MMC	29.21	
8 Sickelka, Whitney	South O'Brie	29.24	
9 McKee, Josie	West Sioux	31.00	
10 Schroeder, Paris	Gehlen Catho	31.11	
11 Schnepf, Krayton	Gehlen Catho	31.76	
12 Koski, Nella	Remsen Union	31.85	
13 Hamil, Amanda	Hinton	32.72	
14 Bak, Kailey	West Sioux	33.96	
15 Harvey, Katlin	Remsen St. M	36.24	
16 Tremaine, Estere	Remsen St. M	36.67	
17 Tucker, Mattie	Remsen Union	37.31	
18 Berg, Saphire	Akron-Westfi	37.58	

Girls 400 Meter Dash

Name	School	Finals	
Finals			
1 DeJong, Cassidy	Unity Christ	1:02.34	10
2 Streff, Kim	Remsen St. M	1:04.41	8
3 Owens, Dakotah	Remsen Union	1:05.10	6
4 Hoogland, Jacki	Unity Christ	1:05.48	4
5 Unrau, Danielle	HartleyMelvi	1:05.82	2
6 Avery, Emma	West Sioux	1:07.42	1

7 Schroeder, Paris	Gehlen Catho	1:08.62	
8 Schnepf, Krayton	Gehlen Catho	1:09.38	
9 Traver, Allyssa	Hinton	1:11.37	
10 Boehme, Hannah	Akron-Westfi	1:12.60	
11 Schreck, Kayla	South O'Brie	1:12.68	
12 Wahl, Maddie	MMC	1:14.34	
13 Gerardy, Caitlin	MMC	1:15.06	
14 Rehder, Alicyn	South O'Brie	1:15.37	
15 Anderson, Bailey	HartleyMelvi	1:19.46	
16 Ballard, Camyron	West Sioux	1:37.39	

Girls 800 Meter Run

Name	School	Finals	
Finals			
1 DeJong, Cassidy	Unity Christ	2:26.59	10
2 Bos, Jordan	Unity Christ	2:30.39	8
3 Pullman, Hailey	West Sioux	2:33.15	6
4 Rieck, Kenna	HartleyMelvi	2:35.76	4
5 Colling, Kaylee	Remsen Union	2:37.17	2
6 Dickman, Abbie	Gehlen Catho	2:37.25	1
7 Sickelka, Olivia	South O'Brie	2:47.79	
8 Treinen, Brooklyn	MMC	2:48.14	
9 Schleis, Mackenzie	Remsen Union	2:50.61	
10 Uribe, Catalina	Gehlen Catho	2:53.86	
11 Brady, Kayla	MMC	2:55.87	
12 Sickelka, Alexa	South O'Brie	3:03.87	
13 Portz, Allison	Remsen St. M	3:07.49	
14 VanderLee, Jennifer	HartleyMelvi	3:10.37	
15 Van Engen, Ashley	TrinityChris	3:22.50	

Girls 1500 Meter Run

Name	School	Finals	
Finals			
1 DeJong, Cassidy	Unity Christ	5:02.87	10
2 Bos, Jordan	Unity Christ	5:16.32	8
3 Rieck, Kenna	HartleyMelvi	5:29.62	6
4 Pullman, Hailey	West Sioux	5:32.75	4
5 Tindall, Danika	Akron-Westfi	5:36.56	2
6 Meyer, Alexa	TrinityChris	5:45.44	1
7 Cave, Alexis	MMC	5:46.70	
8 Strassner, Erika	Remsen Union	5:51.10	
9 Roberts, Hailee	MMC	5:54.28	
10 Kroll, ElLee	Hinton	6:04.54	
11 Schreiner, Danielle	West Sioux	6:07.84	
12 Burnette, Gretchen	HartleyMelvi	6:15.78	
13 Tucker, Rae	Remsen Union	6:20.72	
14 Tentinger, Rachel	Gehlen Catho	6:22.48	
15 Sickelka, Savanna	South O'Brie	6:29.87	
16 Mars, Emily	South O'Brie	7:22.94	

Girls 3000 Meter Run

Name	School	Finals	
Finals			
1 Knauss, Anneke	Unity Christ	11:42.24	10
2 Rieck, Kenna	HartleyMelvi	12:00.38	8
3 Bandstra, Erin	Unity Christ	12:14.04	6

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**Hinton
Results - WEC Meet**

Finals ... (Girls 3000 Meter Run)

Name	School	Finals
4 Cave, Alexis	MMC	12:14.09 4
5 Tindall, Danika	Akron-Westfi	12:23.42 2
6 Kroll, El'Lee	Hinton	12:39.44 1
7 Brady, Kayla	MMC	12:50.52
8 Frerichs, Trisha	Akron-Westfi	13:45.66
9 Rodriguez, Isabel	HartleyMelvi	14:12.90
10 Portz, Allison	Remsen St. M	14:31.91

Girls 100 Meter Hurdles

Name	School	Finals
1 Whitehead, Morgan	Gehlen Catho	16.80 10
2 Peters, Taylor	Gehlen Catho	17.42 8
3 Japenga, Olivia	HartleyMelvi	17.65 6
4 Van Sloten, Justine	Unity Christ	17.66 4
5 Bunkers, Alexis	Remsen St. M	17.86 2
6 Pottebaum, Lauren	Remsen St. M	18.44 1
7 Danke, Jordan	Hinton	18.66
8 Negus, Karle	South O'Brie	18.80
9 Brinkman, Summer	HartleyMelvi	19.09
10 Robinson, Raquel	MMC	19.10
11 Rens, Amanda	Unity Christ	19.24
12 Hannsen, Jessica	Akron-Westfi	19.51
13 Kovarna, Madison	Hinton	20.28
14 Howald, Payton	MMC	20.65
15 Franker, Alex	Akron-Westfi	20.72
16 Mars, Emily	South O'Brie	21.84
17 Fisch, Miranda	Remsen Union	21.98
18 Bak, Kailey	West Sioux	22.42

Girls 400 Meter Hurdles

Name	School	Finals
1 Stuit, Anmarie	Unity Christ	1:09.10 10
2 Robinson, Raquel	MMC	1:09.69 8
3 Japenga, Olivia	HartleyMelvi	1:13.64 6
4 Nelson, Daneille	South O'Brie	1:14.47 4
5 Danke, Jordan	Hinton	1:14.57 2
6 Mayer, Kayla	Gehlen Catho	1:15.68 1
7 Schmidt, Callie	West Sioux	1:18.15
8 Jackson, Asiah	MMC	1:18.69
9 Brinkman, Summer	HartleyMelvi	1:19.55
10 Pottebaum, Lauren	Remsen St. M	1:20.20
11 Bishop, Kami	Akron-Westfi	1:22.27
12 Schreck, Kayla	South O'Brie	1:24.76

Girls 4x100 Meter Relay

Team	Relay	Finals
1 HartleyMelvinSanborn	A	52.90 10
1) Johnson, Jonae	2) Ney, Abigail	
3) Castillo, Suzie	4) Unrau, Danielle	

2 Gehlen Catholic	A	54.79 8
1) Peters, Taylor	2) Dickman, Abbie	
3) Kessenich, Jill	4) Harpenau, Brooke	
3 Remsen St. Mary's	A	55.20 6
1) Pottebaum, Lauren	2) Bunkers, Alexis	
3) Willman, Paige	4) Streff, Kim	
4 Remsen Union	A	55.41 4
1) Jensen, Briana	2) Barker, Shelby	
3) Gannon, Riley	4) Owens, Dakotah	
5 Akron-Westfield	A	55.62 2
1) Johnson, Katie	2) Nebrand, Jordan	
3) Appley, Kianna	4) VanEldick, Brynn	
6 Unity Christian	A	55.72 1
1) Vanden Brink, Janna	2) Rens, Amanda	
3) Van Sloten, Justine	4) Schenk, Kirstin	
7 Mmc	A	55.78
1) Hansen, Louisa	2) Hoefling, Angeleah	
3) Jackson, Aliyah	4) Moser, Haley	
8 Hinton	A	55.92
1) Brighton, Laura	2) Bowman, Christine	
3) Stoulp, Kaley	4) Danke, Jordan	
9 South O'Brien	A	59.07

Girls 4x200 Meter Relay

Team	Relay	Finals
1 Mmc	A	1:52.17 10
1) Dreckman, Sarah	2) Moser, Haley	
3) Moser, Emily	4) Woodall, Aspen	
2 HartleyMelvinSanborn	A	1:52.81 8
1) Johnson, Jonae	2) Peterson, Lexi	
3) Castillo, Suzie	4) Ney, Abigail	
3 Gehlen Catholic	A	1:53.09 6
1) Whitehead, Morgan	2) Dickman, Abbie	
3) Mayer, Kayla	4) Harpenau, Brooke	
4 Unity Christian	A	1:57.74 4
1) Van Soelen, Mikaela	2) Kaemingk, Nicole	
3) Baas, Lauren	4) Vanden Brink, Janna	
5 TrinityChristian	A	2:01.23 2
1) Van Den Top, Maria	2) Laning, Olivia	
3) Hoekstra, Carlie	4) Regnerus, Pam	
6 Hinton	A	2:01.52 1
1) Stoulp, Kaley	2) Bowman, Christine	
3) Reuter, Hallie	4) Brighton, Laura	
7 Remsen Union	A	2:01.85
1) Jensen, Briana	2) Stoos, Molly	
3) Gannon, Riley	4) Barker, Shelby	
8 South O'Brien	A	2:06.43
1) Smith, Maycee	2) Sickelka, Savanna	
3) Litka, Amanda	4) Cosby, Jackie	
9 Remsen St. Mary's	A	2:07.70
1) Schroeder, Bailey	2) Portz, Allison	
3) Willman, Paige	4) Schroeder, Shelby	
10 West Sioux	A	2:07.75
1) Schmidt, Callie	2) Bak, Kailey	
3) Avery, Emma	4) McKee, Josie	

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Hinton
Results - WEC Meet

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Mmc	A	4:19.81 10
1) Dreckman, Sarah	2) Robinson, Raquel	
3) Moser, Emily	4) Woodall, Aspen	
2 South O'Brien	A	4:27.14 8
1) Faust, Isabelle	2) Sickelka, Whitney	
3) Sickelka, Olivia	4) Rehder, Courtney	
3 Unity Christian	A	4:31.35 6
1) Knauss, Anneke	2) Hoogland, Jacki	
3) Baas, Lauren	4) Schoonhoven, Tessa	
4 Remsen Union	A	4:34.76 4
1) Colling, Kaylee	2) Barker, Shelby	
3) Schleis, Mackenzie	4) Owens, Dakotah	
5 West Sioux	A	4:36.98 2
1) Schmidt, Callie	2) Avery, Emma	
3) Ericson, Abbie	4) Pullman, Hailey	
6 Gehlen Catholic	A	4:40.03 1
1) Schroeder, Paris	2) Mayer, Kayla	
3) Uribe, Catalina	4) Schnepf, Krayton	
7 HartleyMelvinSanborn	A	4:40.80
1) Johnson, Jonae	2) Unrau, Danielle	
3) Sonich, Alexis	4) Peterson, Lexi	
8 Hinton	A	4:41.81
1) Klein, Bryce	2) Hoefling, Cassie	
3) Walton, Emily	4) DeRocher, Tessa	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Unity Christian	A	10:27.46 10
1) Hoogland, Jacki	2) Hoogland, Katlyn	
3) Knauss, Anneke	4) DeJong, Cassidy	
2 South O'Brien	A	11:00.86 8
1) Rehder, Courtney	2) Sickelka, Olivia	
3) Faust, Isabelle	4) Sickelka, Whitney	
3 Mmc	A	11:07.71 6
1) Roberts, Hailee	2) Jackson, Asiah	
3) Treinen, Brooklyn	4) Moser, Emily	
4 Remsen Union	A	11:23.61 4
1) Colling, Kaylee	2) Schleis, Mackenzie	
3) Tucker, Rae	4) Strassner, Erika	
5 West Sioux	A	11:31.85 2
1) Schreiner, Danielle	2) Avery, Emma	
3) Ericson, Abbie	4) Pullman, Hailey	
6 Hinton	A	11:33.80 1
1) Hoefling, Cassie	2) Stoulp, Kaley	
3) Walton, Emily	4) DeRocher, Tessa	
7 HartleyMelvinSanborn	A	12:05.47
1) DeGroot, Morgan	2) Rieck, Jaylin	
3) Burnette, Gretchen	4) Perez, Elsa	

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Mmc	A	1:57.63 10
1) Hoefling, Angeleah	2) Moser, Emily	
3) Dreckman, Sarah	4) Woodall, Aspen	
2 Unity Christian	A	1:57.76 8
1) Van Sloten, Justine	2) Schenk, Kirstin	
3) Stuit, Anmarie	4) Blankespoor, Josie	
3 Gehlen Catholic	A	1:58.72 6
1) Peters, Taylor	2) Kessenich, Jill	
3) Whitehead, Morgan	4) Harpenau, Brooke	
4 HartleyMelvinSanborn	A	2:03.29 4
1) Johnson, Jonae	2) Unrau, Danielle	
3) Sonich, Alexis	4) Peterson, Lexi	
5 Akron-Westfield	A	2:06.46 2
6 Remsen St. Mary's	A	2:07.53 1
1) Bunkers, Alexis	2) Schroeder, Shelby	
3) Willman, Paige	4) Streff, Kim	
7 TrinityChristian	A	2:09.68
1) Regnerus, Pam	2) Van Den Top, Maria	
3) Laning, Olivia	4) Zevenburgen, Meghan	
8 Hinton	A	2:12.68
1) Reuter, Hallie	2) Danke, Ashleigh	
3) Bowman, Christine	4) Traver, Allyssa	
9 Remsen Union	A	2:15.89
1) Gannon, Riley	2) Koski, Nella	
3) Maass, Megan	4) Stoos, Molly	
10 South O'Brien	A	2:20.28
1) Smith, Maycee	2) Cosby, Jackie	
3) Litka, Amanda	4) Rehder, Alicyn	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Unity Christian	A	4:38.12 10
1) Stuit, Anmarie	2) Blankespoor, Josie	
3) Schoonhoven, Tessa	4) Bos, Jordan	
2 South O'Brien	A	4:44.85 8
1) Faust, Isabelle	2) Sickelka, Whitney	
3) Rehder, Courtney	4) Sickelka, Olivia	
3 Remsen Union	A	4:49.38 6
1) Maass, Megan	2) Stoos, Molly	
3) Barker, Shelby	4) Colling, Kaylee	
4 Hinton	A	5:03.55 4
1) Stoulp, Kaley	2) Bowman, Christine	
3) Klein, Bryce	4) DeRocher, Tessa	
5 HartleyMelvinSanborn	A	5:14.94 2
1) Sonich, Alexis	2) Frick, Cassie	
3) Rieck, Jaylin	4) DeGroot, Morgan	
6 Mmc	A	5:23.02 1
1) Jackson, Aliyah	2) Howald, Payton	
3) Dirks, Mahaley	4) Henderson, Leah	

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Results - WEC Meet**Finals ... (Girls Distance Medley)**

Team	Relay	Finals
7 West Sioux	A	5:28.90
1) Schmidt, Callie	2) Bak, Kailey	
3) Schreiner, Danielle	4) Ericson, Abbie	
8 Gehlen Catholic	A	5:45.42
1) Woerdehoff, Brooke	2) Sitzmann, Courtney	
3) Kwon, Jenny	4) Alesch, Makenna	

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Gehlen Catholic	A	1:13.49 10
1) Kessenich, Jill	2) Harpenau, Brooke	
3) Mayer, Kayla	4) Whitehead, Morgan	
2 Remsen St. Mary's	A	1:14.86 8
1) Willman, Paige	2) Pottebaum, Lauren	
3) Schroeder, Shelby	4) Bunkers, Alexis	
3 Unity Christian	A	1:15.68 6
1) Rens, Amanda	2) Mueller, Brynn	
3) Stuit, Anmarie	4) Van Sloten, Justine	
4 HartleyMelvinSanborn	A	1:16.70 4
1) Japenga, Olivia	2) Brinkman, Summer	
3) Shockley, Reagan	4) Wolthuizen, Kylie	
5 Mmc	A	1:18.01 2
1) Howald, Payton	2) Jackson, Asiah	
3) Wahl, Maddie	4) Robinson, Raquel	
6 South O'Brien	A	1:19.39 1
1) Negus, Karle	2) Nelson, Daneille	
3) Mars, Emily	4) Schreck, Kayla	
7 Akron-Westfield	A	1:21.57
1) Bishop, Kami	2) Franker, Alex	
3) Waterbury, Courtney	4) Hannsen, Jessica	

Girls High Jump

Name	School	Finals
Finals		
1 Danke, Jordan	Hinton	5-00.00 10
2 Sonich, Alexis	HartleyMelvi	4-10.00 8
3 Owens, Dakotah	Remsen Union	4-08.00 6
4 Vasher, Jasi	MMC	4-06.00 4
--- Klein, Bryce	Hinton	NH
--- Solsma, Claire	HartleyMelvi	NH

Girls Long Jump

Name	School	Finals
Finals		
1 Blankespoor, Josie	Unity Christ	14-11.00 10
2 Schoonhoven, Tessa	Unity Christ	14-01.00 8
3 Regnerus, Pam	TrinityChris	14-00.00 6
4 Jensen, Briana	Remsen Union	14-00.00 4
5 Schleis, Mackenzie	Remsen Union	13-03.00 2
6 Uribe, Catalina	Gehlen Catho	13-01.00 1
7 Ericson, Abbie	West Sioux	13-00.00
8 Peterson, Lexi	HartleyMelvi	12-09.00
9 Nelson, Daneille	South O'Brie	12-07.00

10 Frick, Cassie	HartleyMelvi	J12-07.00
11 Waterbury, Courtney	Akron-Westfi	12-04.00
12 Wahl, Maddie	MMC	12-02.00
13 Hansen, Louisa	MMC	12-01.00
14 Appley, Kianna	Akron-Westfi	10-11.00

Girls Shot Put

Name	School	Finals
Finals		
1 Trieweiler, Hanna	Hinton	34-03.25 10
2 Chagolla, Abigail	Gehlen Catho	33-03.00 8
3 Henderson, Dawn	MMC	31-03.25 6
4 Haag, Tristan	HartleyMelvi	31-01.00 4
5 Bauer, Kadie	South O'Brie	30-10.00 2
6 Schiebout, Marissa	Unity Christ	30-05.75 1
7 Rieck, Jaylin	HartleyMelvi	J30-05.75
8 Maass, Megan	Remsen Union	30-03.75
9 Loutsch, Megan	Remsen Union	30-02.00
10 Hamil, Katie	Hinton	30-00.00
11 Heuertz, Stephanie	Gehlen Catho	29-09.75
12 DeBoer, Bethany	South O'Brie	29-03.50
13 Bonnema, Hannah	Unity Christ	28-11.25
14 Heynen, Koralee	TrinityChris	27-10.50
15 Phillips, Maddie	MMC	25-06.25
16 Smith, Danika	Akron-Westfi	25-05.75
17 Berg, Saphire	Akron-Westfi	21-10.75

Girls Discus Throw

Name	School	Finals
Finals		
1 Henderson, Dawn	MMC	116-07.50 10
2 Bauer, Kadie	South O'Brie	109-06 8
3 Haag, Tristan	HartleyMelvi	95-07.50 6
4 Hamil, Katie	Hinton	93-01.50 4
5 Harvey, Macin	HartleyMelvi	91-03 2
6 Maass, Megan	Remsen Union	91-02 1
7 Turner, Peyton	Remsen Union	85-04.50
8 Trieweiler, Hanna	Hinton	81-10
9 McKee, Josie	West Sioux	81-00
10 Bonnema, Hannah	Unity Christ	80-04.50
11 Schiebout, Marissa	Unity Christ	78-03
12 DeBoer, Bethany	South O'Brie	76-01.50
13 Chagolla, Abigail	Gehlen Catho	73-09
14 Phillips, Maddie	MMC	73-03.50
15 Heuertz, Stephanie	Gehlen Catho	69-04.50
16 Ballard, Camyron	West Sioux	66-03
17 Harvey, Katlin	Remsen St. M	60-06
18 Smith, Danika	Akron-Westfi	59-04

Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Mossberg, Blake	Hinton	11.42 10
2 Van Dyke, David	HartleyMelvi	11.42 8
3 Klinker, Gunnar	South O'Brie	12.26 6
4 Holmes, Conner	MMC	12.41 4

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Hinton
Results - WEC Meet**Finals ... (Boys 100 Meter Dash)**

Name	School	Finals	
5 Sickelka, Wyatt	South O'Brie	12.44	2
6 Brimm, Ty	Remsen Union	12.47	1
7 Willett, Chandler	Gehlen Catho	12.51	
8 Schroeder, Trevor	Remsen St. M	12.58	
9 Burdorf, Dahlton	Harris-Lake	12.87	
10 Griffith, Matthew	Unity Christ	12.98	
11 Wolthuizen, Wayne	HartleyMelvi	12.98	
12 Finzen, Michael	Akron-Westfi	13.28	
13 Goodburn, Joe	MMC	13.32	
14 Schroeder, Ben	Remsen Union	13.59	
15 Kroll, Eddie	Hinton	13.87	
16 Maassen, Byron	TrinityChris	13.99	
17 Niebuhr, Evan	Gehlen Catho	14.21	
18 Konopasek, Marcus	Remsen St. M	14.48	
19 Myers, Devon	Akron-Westfi	14.49	

Boys 200 Meter Dash

Name	School	Finals	
1 Mossberg, Blake	Hinton	22.78	10
2 Van Dyke, David	HartleyMelvi	23.18	8
3 Paulsen, Kyle	South O'Brie	24.49	6
4 Sickelka, Wyatt	South O'Brie	25.06	4
5 Goodburn, Joe	MMC	25.07	2
6 Fuentes, Ben	Gehlen Catho	25.19	1
7 Vondrak, Brandon	Hinton	25.23	
8 Brimm, Ty	Remsen Union	25.25	
9 Conover, Elliott	Remsen St. M	25.33	
10 Hesebeck, Darin	Harris-Lake	25.40	
11 Perez, Brian	HartleyMelvi	25.53	
12 Hummel, Porter	West Sioux	25.99	
13 Dickman, Drew	Gehlen Catho	26.13	
14 Finzen, Michael	Akron-Westfi	26.38	
15 Laning, Samuel	TrinityChris	27.06	
16 Bunkers, Brandon	Harris-Lake	29.23	
17 Ericson, Damian	Akron-Westfi	29.28	
18 Staab, Drew	Remsen Union	31.10	

Boys 400 Meter Dash

Name	School	Finals	
1 Zevenbergen, Travis	Unity Christ	51.08	10
2 Wohlert, Jordan	South O'Brie	52.07	8
3 Vande Hoef, Blake	Hinton	54.18	6
4 Holzman, Matthew	Gehlen Catho	54.81	4
5 Lynott, Jake	West Sioux	56.34	2
6 Hellinga, Cale	Harris-Lake	56.89	1
7 Ruba, Nathan	MMC	57.07	
8 Laning, Samuel	TrinityChris	57.52	
9 Sparr, Logan	Remsen Union	58.32	
10 Schroeder, Nick	Remsen Union	58.63	
11 Sitzmann, Brennan	Hinton	59.27	
12 Paulsen, Cody	South O'Brie	59.53	
13 Hibbing, David	HartleyMelvi	1:00.36	

14 VonArb, Jordan	Gehlen Catho	1:01.07
15 Hillrichs, Cody	Akron-Westfi	1:02.79
16 Bridgeman, Josh	Harris-Lake	1:03.57
17 Koekkoek, Jordan	HartleyMelvi	1:04.93
18 Franken, Preston	Unity Christ	1:05.14
19 King, Caleb	TrinityChris	1:06.83
20 Haefs, Draven	Remsen St. M	1:18.59
21 Ruden, Zach	Remsen St. M	1:24.28

Boys 800 Meter Run

Name	School	Finals	
1 Vande Hoef, Blake	Hinton	2:06.76	10
2 Lynott, Jake	West Sioux	2:08.01	8
3 Rohrbaugh, Keaton	South O'Brie	2:08.56	6
4 Byker, Klay	Unity Christ	2:08.82	4
5 Van Engen, Marcus	TrinityChris	2:09.78	2
6 Davis, Cooper	Gehlen Catho	2:12.38	1
7 Peters, Joe	MMC	2:14.55	
8 Brasser, Peyton	South O'Brie	2:17.14	
9 Byker, Sam	Unity Christ	2:18.85	
10 Heitritter, Daniel	HartleyMelvi	2:20.34	
11 Lininger, Kane	Akron-Westfi	2:21.06	
12 Thompson, Tristan	Hinton	2:22.09	
13 Vellema, Greg	Harris-Lake	2:29.05	
14 Koekkoek, Jordan	HartleyMelvi	2:29.62	
15 Wall, Casey	Akron-Westfi	2:29.95	
16 Schroeder, Nick	Remsen Union	2:31.00	
17 VonArb, Jordan	Gehlen Catho	2:32.26	
18 King, Caleb	TrinityChris	2:35.20	
19 Gilge, Jayden	Harris-Lake	2:40.43	
--- Galles, Brett	Remsen St. M	DQ	

Boys 1600 Meter Run

Name	School	Finals	
1 Vander Plaats, Jacob	Unity Christ	4:48.80	10
2 Aberson, Ben	South O'Brie	5:00.20	8
3 Meyer, Bram	HartleyMelvi	5:02.96	6
4 Brasser, Peyton	South O'Brie	5:04.20	4
5 Staab, Wyatt	Remsen Union	5:05.05	2
6 Grady, David	Remsen St. M	5:11.91	1
7 Heitritter, Daniel	HartleyMelvi	5:12.90	
8 Laning, Michael	TrinityChris	5:15.76	
9 Hunter, Jake	MMC	5:20.64	
10 Rose, Jesse	MMC	5:27.23	
11 Wankum, Andrew	Gehlen Catho	5:35.38	
12 Vellema, Greg	Harris-Lake	5:35.68	
13 Stack, Alex	Hinton	5:38.34	
14 Jarvis, Austin	Hinton	5:46.49	
15 Tazelaar, Thomas	Unity Christ	5:51.61	
16 Sitzman, Carter	Gehlen Catho	6:02.66	
17 Mackey, Mason	Akron-Westfi	6:56.59	

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Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Vander Plaats, Jacob	Unity Christ	10:38.39 10
2 Aberson, Ben	South O'Brie	10:43.93 8
3 Grady, David	Remsen St. M	10:58.23 6
4 Dorhout, Hunter	HartleyMelvi	11:11.34 4
5 Staab, Wyatt	Remsen Union	11:35.08 2
6 Brummel, Dillon	TrinityChris	11:41.64 1
7 Klein, Nathan	Gehlen Catho	12:17.35
8 Shanahan, Bradley	Hinton	12:22.21
9 Puhl, David	Gehlen Catho	12:34.22
10 Wall, Casey	Akron-Westfi	12:34.23
11 Harig, Jacob	HartleyMelvi	12:34.52
--- Muilenburg, Ashton	Unity Christ	NT
--- Jarvis, Austin	Hinton	NT
--- Hoey, Izaak	South O'Brie	NT

Boys 110 Meter Hurdles

Name	School	Finals
Finals		
1 Korver, Calvin	Unity Christ	15.75 10
2 Henrich, Terrill	Hinton	16.28 8
3 Freking, Solomon	Gehlen Catho	16.53 6
4 Riedemann, Dylan	South O'Brie	16.66 4
5 Schwaderer, Alex	Hinton	16.82 2
6 Schroeder, Nick	Remsen Union	17.50 1
7 Orthmann, Hunter	HartleyMelvi	17.87
8 Blinde, Dylan	Akron-Westfi	18.12
9 Leng, Clay	South O'Brie	18.50

Boys 400 Meter Hurdles

Name	School	Finals
Finals		
1 Korver, Calvin	Unity Christ	57.22 10
2 Wohlert, Jordan	South O'Brie	57.36 8
3 Blinde, Dylan	Akron-Westfi	1:00.09 6
4 Henrich, Terrill	Hinton	1:01.07 4
5 Rivera, Daniel	HartleyMelvi	1:01.67 2
6 Walton, Blake	Hinton	1:02.04 1
7 Riedemann, Dylan	South O'Brie	1:02.31
8 Miedema, Brendan	Unity Christ	1:04.14
9 Orthmann, Hunter	HartleyMelvi	1:04.93
10 Ellensohn, Eli	Gehlen Catho	1:05.14
11 Tentinger, Hunter	Remsen Union	1:17.52

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Hinton	A	45.23 10
1) Henrich, Terrill	2) Brown, Eric	
3) Hicklin, Joseph	4) Mossberg, Blake	
2 Gehlen Catholic	A	46.34 8
1) Price, Ryley	2) Thoms-Wilson, Brayton	
3) Hunt, Lucas	4) Freking, Solomon	

3 South O'Brien	A	46.37 6
1) Klinker, Gunnar	2) Struve, Damon	
3) Jalas, Dallas	4) Paulsen, Kyle	
4 HartleyMelvinSanborn	A	47.91 4
1) Goodvin, Dakotah	2) Perez, Brian	
3) Wolthuizen, Wayne	4) Van Dyke, David	
5 Remsen St. Mary's	A	48.79 2
1) Schroeder, Colin	2) Conover, Elliott	
3) Kuchel, Carter	4) Schroeder, Trevor	
6 Akron-Westfield	A	49.21 1
1) Myers, Devon	2) Blinde, Dylan	
3) Finzen, Michael	4) Allard, Austin	
7 Harris-Lake Park	A	49.93
1) Perkins, Bryce	2) Cudmore, Skylar	
3) Carpenter, Keegan	4) Burdorf, Dahlton	
8 Remsen Union	A	50.16
1) Brimm, Ty	2) Schroeder, Ben	
3) Barker, Gunnar	4) Sparr, Logan	
9 Mmc	A	51.21
1) Hunter, Jake	2) Petersen, Isaiah	
3) Whited, Tyler	4) Hueser, Sam	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Hinton	A	1:35.03 10
1) Mossberg, Tyler	2) Brown, Eric	
3) Schau, Colten	4) Mossberg, Blake	
2 Mmc	A	1:36.97 8
1) Erdman, Derek	2) Specht, Ben	
3) Holmes, Conner	4) Spieler, Jacob	
3 South O'Brien	A	1:37.57 6
1) Klinker, Gunnar	2) Struve, Damon	
3) Jalas, Dallas	4) Sickelka, Wyatt	
4 Gehlen Catholic	A	1:39.49 4
1) Dickman, Drew	2) Fuentes, Ben	
3) Herbst, Izaak	4) Willett, Chandler	
5 Akron-Westfield	A	1:44.09 2
1) DeRocher, Ty	2) Berg, Sebastian	
3) Wolthuizen, Christian	4) Allard, Austin	
6 Harris-Lake Park	A	1:46.63 1
1) Perkins, Bryce	2) Gunderson, Trevor	
3) Carpenter, Keegan	4) Cudmore, Skylar	
7 Remsen St. Mary's	A	1:47.59
1) Schroeder, Colin	2) Schiltz, Mitchell	
3) Kuchel, Carter	4) Loutsch, Jacob	
8 Unity Christian	A	1:52.70
1) Griffith, Matthew	2) Altena, Somnath	
3) Tazelaar, Thomas	4) Muilenburg, Ashton	
9 Remsen Union	A	1:55.79
1) Vander Schaaf, Keenan	2) Bonnestetter, Zach	
3) Sailor, Deven	4) Tentinger, Hunter	

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Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 South O'Brien	A	3:37.12 10
1) Struve, Damon	2) Klinker, Gunnar	
3) Sickelka, Wyatt	4) Wohlert, Jordan	
2 Unity Christian	A	3:40.63 8
1) Korver, Calvin	2) Byker, Klay	
3) Miedema, Brendan	4) Zevenbergen, Travis	
3 Hinton	A	3:44.77 6
1) Mossberg, Tyler	2) Schau, Colten	
3) Hicklin, Joseph	4) Vondrak, Brandon	
4 TrinityChristian	A	3:48.59 4
1) Laning, Samuel	2) Laning, Michael	
3) Brummel, Dillon	4) Heynen, Collin	
5 Gehlen Catholic	A	3:51.60 2
1) Herbst, Izaac	2) Langel, Alec	
3) Roberts, Xavier	4) Holzman, Matthew	
6 Mmc	A	3:55.33 1
1) Erdman, Derek	2) Specht, Ben	
3) Ruba, Nathan	4) Spieler, Jacob	
7 Remsen St. Mary's	A	3:56.43
1) Bohnenkamp, Keaton	2) Loutsch, Jacob	
3) Ruden, Nicholas	4) Grady, David	
8 Harris-Lake Park	A	3:57.70
1) Hellinga, Cale	2) Perkins, Bryce	
3) Gunderson, Trevor	4) Carpenter, Keegan	
9 Akron-Westfield	A	3:58.78
1) Blinde, Dylan	2) DeRocher, Ty	
3) Berg, Sebastian	4) Wolthuizen, Christian	
10 Remsen Union	A	4:35.73
1) Sparr, Logan	2) Barker, Gunnar	
3) Sailor, Deven	4) Bonnestetter, Zach	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 South O'Brien	A	8:47.63 10
1) Rohrbaugh, Keaton	2) Brasser, Peyton	
3) Nelson, Sam	4) Rohrbaugh, Karter	
2 Gehlen Catholic	A	9:02.37 8
1) Davis, Cooper	2) Roberts, Xavier	
3) Ellensohn, Eli	4) Langel, Alec	
3 Unity Christian	A	9:05.91 6
1) Byker, Klay	2) Byker, Sam	
3) Miedema, Brendan	4) Altena, Somnath	
4 Hinton	A	9:20.16 4
1) Pridie, Jacob	2) Hicklin, Joseph	
3) Vondrak, Brandon	4) Hoefling, Ross	
5 Mmc	A	9:25.11 2
1) Rose, Jesse	2) Peters, Joe	
3) Hunter, Jake	4) Ruba, Nathan	
6 HartleyMelvinSanborn	A	9:33.46 1
1) Heitritter, Daniel	2) Koekkoek, Jordan	
3) Meyer, Bram	4) Rivera, Daniel	

7 Remsen St. Mary's	A	10:01.14
1) Schwebach, Josh	2) Bohnenkamp, Keaton	
3) Galles, Brett	4) Ruden, Nicholas	

Boys 1600 Sprint Medley

Team	Relay	Finals
Finals		
1 Unity Christian	A	3:48.83 10
1) Griffith, Matthew	2) Byker, Sam	
3) Zevenbergen, Travis	4) Vander Plaats, Jacob	
2 Gehlen Catholic	A	3:48.97 8
1) Willett, Chandler	2) Stoll, Ryan	
3) Holzman, Matthew	4) Langel, Alec	
3 Mmc	A	3:55.03 6
1) Specht, Ben	2) Holmes, Conner	
3) Spieler, Jacob	4) Erdman, Derek	
4 Hinton	A	3:56.65 4
1) Brown, Eric	2) Schau, Colten	
3) Mossberg, Tyler	4) Pridie, Jacob	
5 South O'Brien	A	4:00.18 2
1) Struve, Damon	2) Jalas, Dallas	
3) Nelson, Sam	4) Rohrbaugh, Karter	
6 Remsen Union	A	4:11.45 1
1) Brimm, Ty	2) Barker, Gunnar	
3) Sparr, Logan	4) Staab, Wyatt	
7 Akron-Westfield	A	4:11.77
1) Wolthuizen, Christian	2) Allard, Aaron	
3) Berg, Sebastian	4) DeRocher, Ty	
8 Harris-Lake Park	A	4:12.29
1) Burdorf, Dahlton	2) Hesebeck, Darin	
3) Hellinga, Cale	4) Gunderson, Trevor	
9 HartleyMelvinSanborn	A	4:22.31
1) Perez, Brian	2) Wolthuizen, Wayne	
3) Goodvin, Dakotah	4) Meyer, Bram	
10 Remsen St. Mary's	A	4:45.62
1) Konopasek, Marcus	2) Bohnenkamp, Parker	
3) Haefs, Denerick	4) Schwebach, Josh	

Boys 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Hinton	A	1:03.37 10
1) Henrich, Terrill	2) Sitzmann, Brennan	
3) Walton, Blake	4) Schwaderer, Alex	
2 South O'Brien	A	1:04.47 8
1) Riedemann, Dylan	2) Wohlert, Jordan	
3) Rohrbaugh, Keaton	4) Paulsen, Kyle	
3 Gehlen Catholic	A	1:04.76 6
1) Price, Ryley	2) Willett, Chandler	
3) Hunt, Lucas	4) Freking, Solomon	
4 Harris-Lake Park	A	1:07.09 4
1) Hellinga, Cale	2) Hesebeck, Darin	
3) Burdorf, Dahlton	4) Cudmore, Skylar	
5 Akron-Westfield	A	1:08.45 2
1) Myers, Devon	2) Wolthuizen, Christian	
3) DeRocher, Ty	4) Blinde, Dylan	

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Finals ... (Boys 4x100 Meter Shuttle Hurdle)

Team	Relay	Finals
6 HartleyMelvinSanborn	A	1:10.93 1
1) Rivera, Daniel	2) Goodvin, Dakotah	
3) Younie, Colton	4) Orthmann, Hunter	
7 Remsen St. Mary's	A	1:17.68
1) Bohnenkamp, Keaton	2) Conover, Elliott	
3) Schwebach, Josh	4) Bohnenkamp, Kenny	
8 Remsen Union	A	1:22.84
1) Tentinger, Hunter	2) Sailor, Deven	
3) Staab, Drew	4) Vander Schaaf, Keenan	

Boys High Jump

Name	School	Finals
Finals		
1 Vande Hoef, Blake	Hinton	6-04.00 10
2 Brown, Eric	Hinton	5-08.00 8
3 Hesebeck, Darin	Harris-Lake	5-06.00 6
4 Perez, Brian	HartleyMelvi	5-04.00 4
5 Hueser, Sam	MMC	5-04.00 2
--- Faust, Isaiah	South O'Brie	NH
--- Korver, Calvin	Unity Christ	NH
--- Johns, Devin	South O'Brie	NH
--- Carpenter, Keegan	Harris-Lake	NH
--- Roberts, Xavier	Gehlen Catho	NH
--- Petersen, Peyton	HartleyMelvi	NH
--- Herbst, Izaac	Gehlen Catho	NH

Boys Long Jump

Name	School	Finals
Finals		
1 Allard, Austin	Akron-Westfi	19-09.50 10
2 Vande Hoef, Blake	Hinton	18-05.00 8
3 Van Dyke, David	HartleyMelvi	18-03.00 6
4 Lynott, Jake	West Sioux	18-00.50 4
5 Schau, Colten	Hinton	17-09.00 2
6 Heynen, Collin	TrinityChris	17-02.00 1
7 Anderson, Sean	South O'Brie	16-11.00
8 Van Engen, Marcus	TrinityChris	16-09.50
9 Fuentes, Ben	Gehlen Catho	16-07.00
10 Bohnenkamp, Keaton	Remsen St. M	16-04.00
11 Kuchel, Carter	Remsen St. M	16-01.00
12 Griffith, Matthew	Unity Christ	14-03.00
13 Paulsen, Kyle	South O'Brie	5-00.50

Boys Shot Put

Name	School	Finals
Finals		
1 Petersen, Isaiah	MMC	46-06.50 10
2 Jurgensmeier, Logan	Hinton	45-08.00 8
3 Davis, Carter	Hinton	45-04.00 6
4 De Haan, Paxton	Unity Christ	43-01.25 4
5 Cudmore, Skylar	Harris-Lake	42-03.75 2
6 Kroeze, Trey	Unity Christ	42-03.25 1
7 Hohbach, Travis	South O'Brie	41-03.50
8 McCarty, Lucas	Gehlen Catho	40-03.50

9 Schwebach, Adam	Remsen Union	39-11.75
10 Ericson, Mason	West Sioux	39-11.50
11 Nitzschke, Braeton	Harris-Lake	38-04.50
12 Jones, Eric	South O'Brie	35-10.00
13 Vander Schaaf, Keenan	Remsen Union	35-02.75
14 Livermore, Justin	Gehlen Catho	34-08.75
15 Bowman, Andy	Akron-Westfi	34-02.75
16 Orthmann, Hunter	HartleyMelvi	31-11.75
17 Schuck, Tyler	MMC	31-00.75
18 Schnurr, Kaleb	HartleyMelvi	27-04.00

Boys Discus Throw

Name	School	Finals
Finals		
1 Jurgensmeier, Logan	Hinton	133-01 10
2 De Haan, Paxton	Unity Christ	128-03.50 8
3 Petersen, Isaiah	MMC	128-00.50 6
4 Ericson, Mason	West Sioux	121-02 4
5 Jurgensmeier, Collin	Hinton	119-08.50 2
6 Hohbach, Travis	South O'Brie	118-04.50 1
7 Schroeder, Nick	Remsen Union	113-06
8 Kroeze, Trey	Unity Christ	108-00.50
9 Fuhrman, Jacob	South O'Brie	107-10.50
10 Livermore, Justin	Gehlen Catho	103-05
11 Jungers, John	Gehlen Catho	94-02
12 Schroeder, Ben	Remsen Union	93-10.50
13 Schuck, Tyler	MMC	93-06
14 Hansen, Brenden	Akron-Westfi	89-02
15 Maassen, Byron	TrinityChris	84-03
16 Schnurr, Kaleb	HartleyMelvi	82-05
17 Ruden, Zach	Remsen St. M	62-07

Women - Team Rankings - 19 Events Scored

1) Unity Christian	146
2) HartleyMelvinSanborn	112
3) MMC	73
4) Gehlen Catholic	62
5) Remsen Union	47
6) South O'Brien	43
7) Hinton	37
8) Remsen St. Mary's	26
9) TrinityChristian	17
10) West Sioux	15
11) Akron-Westfield	8

Men - Team Rankings - 18 Events Scored

1) Hinton	149
2) South O'Brien	107
3) Unity Christian	91
4) Gehlen Catholic	48
5) HartleyMelvinSanborn	44
6) MMC	41
7) Akron-Westfield	21
8) West Sioux	18
9) Harris-Lake Park	14
10) Remsen St. Mary's	9
11) TrinityChristian	8
12) Remsen Union	7

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